

## DIVINE NOSTALGIA

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There are times during a session of Resonance Repatterning when a client comes in with an agenda that appears to make their lives seem hopeless and where the downward spiral towards non-coherence seems to have reached a new low.

Two such cases have occurred recently where clients have related a series of events that has made them feel that they no longer have control over their lives. One could ask the question "Why do terrible things happen to good people?"

In one of my most recent sessions, I had not seen the client for about three months after doing a series of monthly sessions. He felt that it was important to share what had transpired in the interim. This included on-going health problems, sleep problems, isolation problems and what were, for him, significant dreams. Sometimes it is important to allow the client to share what has been coming up for him or her in between sessions, because it will come up either directly or obliquely as part of the session.

As a result of the litany of woes, I was prompted to ask the client whether I could muscle check him silently for what was coming up for me, so his conscious mind wouldn't get in the way. I got a strong 'On' response to my silent statement.

I gently told him of my thought was that he was suffering from "divine nostalgia" — a desire to go back to the Source. This transcends what we would normally classify as depression. The client's eyes filled with tears and it was obvious he understood what I had said. I then asked permission to go into the session, after establishing that he was totally present — physically, mentally, emotionally and spiritually.

Since the practitioner is purely the facilitator of what comes up during a session I was fascinated to see what would be the significant unconscious pattern.

He needed a *Meridian and Five Elements Repatterning* (p.113) and as there is no written explanation of what this Repatterning is about, we went straight to the problem. The response he gave was "I forgot why I came here," which needed no explanation. We then went to the Metal Element Qualities.

He understood this since he had experienced acupuncture and had been told that his dominant element is Metal. When I turned to the Metal Element Qualities it went to "Divine Purpose" — "I am in touch with the Divine within myself," which again brought tears to his eyes. He needed a second statement which was "I am in touch with my purpose and my life's meaning."

During the course of our introductory conversation, I had explained to him that there are two kinds of suffering. There is what appears to be meaningless suffering where a person just doesn't understand why they should have to go through all the things that happen in the life, or there is articulate suffering where we understand that everything that happens to us has a purpose and is connected to who we are, and who we have been; then life takes on a new purpose and life has meaning.

The non-coherent quality that came up was "I feel disconnected from my spirit and my purpose in life." Again the client started to tear up, and there was no hint of disagreement. This statement is tied in directly to the divine nostalgia that transcends world religion; it has nothing to do with outward religious practices.

The session took us to the *Large Intestine Meridian Quality*, which was again a Spirit-Level Quality. "I experience perfection within the apparent

imperfection of life” and in the same section it went to “I smell the inner fragrance of permanent, inner happiness and peace, even though I have yet to experience the spiritual reality of it.” When I read this the client started to cry. I checked for an Energy Constriction, but these were tears of a different order and I asked him to take his time and just breath and have some water, before repeating the statement.

The non-coherent Spirit-level Quality involved was “I refuse to forgive.” This statement was self-evident because the client had always cast himself as a victim in life.

The details of the most significant part of this session I cannot share with you since it went to past life (or for those who don’t subscribe to past lives, Archetype Experience) and I don’t want this to appear sensationalistic. The client had no problem with it as a past life experience. The client totally understood, and resonated with the experience by an “On” response. He was able to share what had happened and, in fact, joined the dots for himself in terms of representational drawings he had made as a child.

The significant unmet life need was “Light,” which again I explained was not sunlight, but light in terms of the fact that the Universe is formed from Light and Sound; consequently we are formed from Light and Sound (Sanskrit word: Shabd). When light and sound leave the body it becomes an empty vessel.

The unmet spirit need was “Merging.” Again, self-evident in the context of the session, since it is the Soul’s purpose to merge back into its Divine Source. This is pertinent to divine nostalgia.

The negative feeling was “I feel conflicted and sad” — words he had used in the explanation of his two significant dreams. His negative belief was “I am a lie, and life is a charade.” (Sanskrit word: Maya).

The acupuncture point was Colon #5. The purpose being: This point brings warmth and stability to the metal when there is negativity, toxicity or insanity; if you have suffered a great loss this point allows you to see the Light and experience Warmth and Love once more.

I had to use a Violet Tachyon relating to the Brow Chakra on this point, which made sense in terms of Higher Consciousness.

The session concluded with a positive action. I gave him a book to read which I had muscle-checked to see if it would be appropriate.

I have shared this session, because it was significant in this client's life journey and highlights the pertinence and insightfulness of this work. It remains to be seen whether the understanding of the purpose of what can manifest as suffering behind Divine Nostalgia takes the client to a new level of coherence.

***Michael Fisher** is a longstanding certified practitioner and teacher of Resonance Repatterning. In order to experience a session of Resonance Repatterning. Currently, Michael is doing phone-in sessions with clients in England, Switzerland, United States, and Canada. More information at [www.healthy-life.ca](http://www.healthy-life.ca).*